Rapid analysis of steroid metabolites using field asymmetric waveform ion mobility spectrometry combined with liquid chromatography and mass spectrometry

Overview

- A rapid, sensitive method is reported for the determination of isobaric steroid sulfate and glucuronide metabolites utilizing field asymmetric chromatography (LC) and mass spectrometry (MS)
- Three optimised FAIMS conditions, used in conjunction with hydrophilic interaction chromatography (HILIC) and time-of-flight (TOF) MS, allow seven targeted steroid metabolites to be separated
- range 1-6 ng/mL and LOQs in the range 3-20 ng/mL

- isobaric steroids, relevant in doping control analysis
- of steroid glucuronides and an isobaric trio of steroid sulfates:

- Testosterone glucuronide (**TG**) and epitestosterone glucuronide (**ETG**) epitestosterone sulfate (ETS)
- metabolites.
- Here the combination of miniaturised FAIMS with LC–MS allows the rapid chromatographic run time

- modified source region of a TOF-MS (Agilent 6230 TOF) has been combined with liquid chromatography (Agilent 1200 HPLC)
- steroids metabolites in human urine (Figure 1)
- dispersion field (DF) values ranging from 180-300 Td and compensation field (CF) values ranging from -2-5 Td (Figure 2)



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- Reproducibility using LC-FAIMS-MS was equal to or improved compared

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Table 2: Discrimination between steroid metabolites and reproducibility (% RSD) analysed by LC-FAIMS-MS and LC-MS

Steroid	Percent Discrimination (%)	%RSD 6 x n=1 spiked urine extracts	
		LC-MS	LC-FAIMS-MS
DHEAS	97.0	5.6	4.3
TS	99.5	4.9	5.1
ETS	96.2		2.8
ADG	95.1	12.8	5.8
ECG	97.2		3.6
ETG	96.0	12.2	4.9
TG	95.1	8.7	9.1

- Steroid metabolites ADG and ECG detected in unspiked urine by LC-MS and LC-FAIMS-MS are compared in Figure 6
- Using LC-FAIMS-MS the two isobars can be individually identified
- S:N ratios increased by >200 % for the individual components in comparison to the unresolved peak for the pair



Conclusions

- FAIMS-MS analysis of seven steroid metabolites shows that all of steroid isobars can be separated using FAIMS apart from DHEAS/TS
- Three dimensional analysis using mass extracted ion chromatograms at selected FAIMS CF values (FAIMS) aids the identification and quantification of seven steroid metabolites relevant to anti-doping analysis in sports
- Combining FAIMS with chromatography and MS allows for the analysis time to be kept short: 8 mins per run
- Steroid glucuronides and sulfates are detected in unspiked human urine using the LC-FAIMS-MS method developed
- Further work includes the combination of FAIMS with tandem MS for increased sensitivity to improve LODs and LOQs in the analysis of human urine for anti-doping analysis

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